

Christian Heritage Academy
Sports Offerings



VACA Sports- VHSL physical required, athletic fee required (\$125) All athletes must go by the Athletic Handbook. Teams are offered based on interest.

Athletics	Approximate Start Date	Grades	Coach	Athletic Fee
Fall				
Volleyball	July	5-12	C. Williams	Yes
Men's Soccer	July	5-12	R. Freeman	Yes
Cross Country	July	5-12	T. King	Yes
Winter				
Women's Basketball	October	5-12	H. Rooney	Yes
Men's Basketball	October	5-12	T. Wilson	Yes
*Swim	November	2-12	T. King	Yes
eSports	October	5-12	C. Keller	Yes
Spring				
Baseball	February	5-12	TBA	Yes
Track	February	5-12	T. King	Yes
Women's Soccer	February	5-12	J. Overstreet	Yes
Softball	February	5-12	H. Rooney	Yes
Golf	March	5-12	TBA	Yes

Knights In Training-K.I.T. is a developmental program to build skill levels and to promote each sport. This is for grades 2-5 (unless a 5th grader is on an already established middle school team) There is no physical form requirement.

Athletics	Approximate Start Date	Grade	Coach	Athletic Fee
Fall				
Soccer	September	2-5	B. Mead	No
Running	October	2-5	T. King	No
Baseball	September	2-8	TBA	No
Winter				
Basketball	January	2-5		No
*Cheer	November	K4-5	H. Mogan	Yes
*Swim	November	2-12	T. King	Yes
Spring				
Running	April	2-5	T. King	No
Flag Football	March	2-5	B. Wheeler	No
Volleyball	April	2-5	C. Williams	No

*Swim is open to all ages grades 2-12. It is NOT a VACA sponsored sport. It's more of a cross between a "team" sport and KIT. Cheer is for grades K4-5 with limited space available each season.

Contact Athletic Director, Nancy Castillo: ncastillo@chaknights.org with any questions