



Fall Sports

MS/V Volleyball	grades 5-12	KIT soccer	grades 2-5
MS/V Cross Country	grades 5-12	KIT running	grades 2-5
Esports	grades 5-12		

Winter Sports

MS/V Boys' Basketball	grades 5-12	Cheer	grades 2-5
Swimming	grades 5-12	Swimming	grades 2-5
Esports	grades 5-12		

Possible Intramural Girls' Basketball league for middle school again

Spring Sports

MS/V Track	grades 5-12		
MS Girls' Soccer	grades 5-12 as numbers allow	KIT running	grades 2-5
Esports	grades 5-12		

*Baseball training-grades TBD - hopefully grades 2-5 for KIT PLUS MS and HS level

Current Practice and Open Gyms

- Cross country runs Mondays, Tuesdays, Thursdays, Fridays 3:45-5:15 - Coach Todd King
- Volleyball practices Tuesdays and Thursdays August 4. (V 9:00-11:00 and MS 10:30-12:30)
- Girls' basketball - Tuesdays and Thursdays 5:30-7:00pm
- Boys' basketball - Tuesdays and Thursdays 7:00-8:30
- Esports seasons being determined within the next few weeks.

Please contact our Athletic Director, Nancy Castillo, ncastillo@chaknights.org for additional information.

